



CHERRY CREEK SCHOOLS

PARENT ACADEMY

*Pick a location that works
best for you!*

Each class meets from 6:00 to 8:00 pm

Red Hawk Ridge Elementary School

September-November on Tuesdays
9/25, 10/2, 10/9, 10/23, 10/30, 11/6
Please note that there is no class on
10/16

Trails West Elementary School

October/November on Tuesdays
10/23, 10/30, 11/6, 11/13, 11/20, 11/27

Outback Preschool

January/February on Tuesdays
1/8, 1/15, 1/22, 1/29, 2/5, 2/12

*Free child care provided on a
limited basis*

Light snacks will be provided

Parenting the Strong-Willed Child

*A clinically proven six-week program for parents of
2-8 year olds. Designed to help you find positive and
manageable solutions to your child's difficult behaviors.*

This program is a modified version of the Parenting the Noncompliant Child program and has earned the highest marks as a *research-based program with proven effectiveness*. Parents who have participated in this class report *improved child behavior* at *home* and *school*. Parent-child relationships become more positive.

What you will gain through this approach:

- » Understanding strong-willed behavior problems
- » How to use reinforcement to create a more positive home
- » Specific skills such as ignoring, improving communication, and helping your child solve problems with peers
- » Support with giving directions and developing more patience
- » Effective use of time-outs and how to help build positive self-esteem in your child

About this opportunity:

- » Based on more than **40 years** of collective research
- » Offers a step-wise approach to improving your relationship with your child
- » Allows parents to **focus on specific skills** and practice them with support

COST:

\$30.00 per family – includes a \$10 workbook fee (**Scholarships available for families who receive Free & Reduced Lunch – Call 720-554-4247 for more information.**)

Additional costs of the program are subsidized by the CCSD Wellness Office.

**Space is Limited!
Register Online at:**

cherrycreek.revtrak.net

QUESTIONS?

EMAIL: msheehan4@cherrycreekschools.org

PHONE: 720-554-4247



Dedicated to Excellence
Cherry Creek Schools